



LAW 13 — MEETING 13

The Law of Modeling

*It's Hard to Improve When
You Have No One But Yourself To Follow*

I. Discuss This Notion:

You can only grow as much as YOU can – what now?

II. Whom Should I follow?

A. A good mentor is a _____

B. A good mentor is _____

C. A good mentor has _____

D. A good mentor _____

E. A good mentor provides _____

F. A good mentor is a coach who

THE 15 INVALUABLE LAWS OF GROWTH



- a. Consider some these of names for 'coach' from other cultures: (all of which mean *one who goes before and shows the way.*)
- a. Sensei – one who has traveled further down the path
 - b. Guru – “gu” darkness, “ru” – someone who brings light to darkness
 - c. Lama – one with spiritual authority
 - d. Maestro – a master of music
 - e. Tutor – a private teacher
 - f. Guide – one who shows the way
 - g. Mentor – a wise and trusted counselor

III. Characteristics of a Coach

- _____ for people they coach
- Observe their _____
- Align them with their _____
- _____ about their performance
- Help them improve their _____

A. The Law of Modeling states that YOU need



OVERCOME GROWING PAINS

(Specific Steps to Amazing Growth)

- For real growth to occur in your life, find a next-step mentor.
- Before you meet with your mentor or coach, have at least five thoughtful questions ready for him or her.
- Make a list of specific areas of your life you want to discuss. Remember, this is not counseling, but coaching for the future.
- Find even distant mentors you can follow.

Read the next chapter this week – *The Law of Expansion*